Caring Connections  
FY 19 4th Quarter  
April - May - June 2019

Introducing our Newest Staff Member  
Lisa Reeder

Hello, I am so excited about this new stage of my journey. I loved having a family childcare business and I even miss the kids sometimes since moving to Care about Childcare full-time.

I enjoy being able to interact with all you great providers. Give me a call sometime. A little about myself; I love to travel; I want to go almost everywhere. (not Siberia) My family likes camping and watching Marvel movies. I’m still trying to figure out all the infinity stones. I also really love reading.

2019 CHILD  
Annual Conference  
“Building on the Basics”  
Saturday, May 18th at 9:00 am  

Cost: $10.00/Per Person + cost of Make & Take  
Where: TBA  

We will be doing a class on music and incorporating it into your day.  
*Please RSVP by Saturday, May 11th  
*For more information about this conference or: “Childcare Hands Involving Learning and Development”, CHILD association, visit their Facebook page or call – Jeannetta Wadsworth - 435-512-6381  
Watch for more information in your mailbox!

National Provider Appreciation Day

May 10, 2019  
You are amazing!  
Thank for the very important job that you do!

6510 Old Main, Logan UT  84332-6510 (435)797-1552 or (800)670-1552  
Web Site: http://careaboutchildcare.usu.edu/  
E-mail: childcare.help@usu.edu  
Funded by The Department of Workforce Services – Office of Child Care & Utah State University – College of Education & Human Services, Department of Family Consumer and Human Development. Utah State University is an affirmative action/equal opportunity employer.
Provider Resource Night

The Provider Resource Room is open Thursday Nights - 5pm to 8pm at our Logan Office

Resources Include:
- Lamination
- Die Cuts
- Children’s Book bags by theme
- Resource Books
- Curriculum Books
- Book Binding

Get assistance with:
- Professional Development, CDA, Career Ladder, Quality Incentive, Marketing Page, Finger Prints (by appointment)
- and more!

*No resource night in July & December
Check our Facebook page for other closures
Child Care and Americans with Disabilities Act

The Americans with Disabilities Act (ADA) is a federal civil rights law that Congress passed in 1990. Among other things, the ADA prohibits discrimination by child care centers and family child care providers against individuals with disabilities.

The ADA requires that child care providers not discriminate against persons with disabilities on the basis that they provide children and parents with disabilities with an equal opportunity to participate in child care programs and services.

The ADA requires that child care providers provide an equal opportunity for each child to participate in the child care program and services.

For further information and details visit ada.gov. On that website, you can find a list of common questions regarding child care and ADA.
How to Enforce Your Contract and Policies
Tom Copeland – www.tomcopelandblog.com

Do you find it difficult to enforce your contract and policies? You are not alone. When a family child care provider starts to feel frustration and anger towards a parent, some providers prefer not to deal with the conflict at all and simply hope that it will go away. That’s obviously not a solution.

Because you created your contract and policies it is up to you to enforce them. Otherwise, they won’t mean anything. You should look closely at each section of your contract and policies. If you aren’t willing to terminate a parent who refuses to follow one of your rules, take it out. It’s not a rule; it’s a guideline that you won’t enforce.

You must start by taking your contract and policies seriously. Tell parents that you will expect them to follow your rules. It’s recommended that you get into the habit of bringing up all violations of your rules to show parents that you mean business. You can listen sympathetically to a parent’s concerns, but you should also make it clear what they can expect if they don’t follow your rules.

To enforce the rules of your program there must be a consequence to the parent who doesn’t follow them. The most common consequence is to charge the parent more, and the ultimate consequence is to end your contract with the parent. It’s as simple as that. So, if a parent is late to pick up their child, you can charge a late pick-up fee, or after warning the parent and giving them several chances to change their behavior, you can terminate your agreement.

You can have different consequences for different parents. If your contract says parents must pay $1 a minute for late pickup, and one parent is regularly late, you can double her fee to $2 a minute.

To give yourself maximum flexibility in enforcing your contract, write in your contract, “Provider may terminate at will.” This allows you to end your agreement immediately, if necessary to protect your business. Providers sometimes worry that if they enforce their contract the parent will leave their program. This can happen. But, it’s extremely rare. If you are doing a good job of communicating with parents and offer a high-quality program, you need not to worry about what will happen when you enforce your rules.

Providers who consistently enforce their rules are less likely to have to deal with parents who will try to violate them. You don’t have to raise your voice or shame a parent to enforce your rules. Simply refer to your contract and policies to make your point.
Help Me Grow links families to services that lead to the best outcomes for children by providing

- General child development/behavioral information
- Community resources
- Parenting techniques & education
- Activity ideas centered on child development
- Developmental screening questionnaire

Ask us how you can enroll today!

Together, we focus on your child’s development, so you can focus on your child’s future.

Find us online at helpmegrowutah.org.
Proud affiliate of the national Help Me Grow Network
Do you have questions about a child under 3 in your care?

Do they have difficulty talking?

Crawling or walking?

Sitting or standing?

Controlling his or her behaviors?

Interacting with others?

Eating?

If you answered yes to any of the above listed concerns, this child may be eligible for services through the baby watch early intervention program at Up to 3 Early Interventions.

For more information on how to help the children in your care, you or the child’s parent can contact:

Up to 3, Early Intervention
At Utah State University
(435) 797-3727 or toll free at 1-866-(MYKIDDO), 1-866-695-4336
www.upto3.org

You can make a difference for children under 3 in your supervision. We can offer support to your program as well as help for the family.
Provider Recognition

Achieved by January, February, March 2019

**Early Childhood Career Ladder**

**Level 2**
Kellie Rojas
Allyson Shogren

**Level 5**
Caitlyn Davis

**Level 6**
Roxanne Hansen
Kirsten Locascio

**Endorsements**

**Infant/Toddler**
Brigette Cook

**CDA**
Margaret Porter- Preschool
Caitlyn Davis- Preschool
Madison Logan- Preschool

**Family Start-up Grant**
Brittany Gerhardt
Betty Samuelsen
DeeAnn Stockhoff

**Professional Development**

**Incentive Award**
Julie Backlund- $1,805.00
Christine Baker- $1,615.00
Jennifer Baker- $1,213.00
Evelyn Borrego- $990.00
Brigette Cook- $1,213.00
Michelle Coombs- $685.00
Natalie Dallinga= $1,615.00
Susan Folkman- $1,805.00
JaNae Heap- $1,615.00
Lori Hidalgo- $990.00
Stephanie Kearl- $1,805.00
Danet Larson- $990.00
Aubrey Mayers- $1,425.00
Ellen Millburn- $1,615.00
Roxanne Pauni- $1,615.00
Christy Pugsley- $990.00
Calie Rencher- $398.00
Janene Yates- $1,805.00

**Welcome!**

**New Providers**
Betty Samuelsen – Logan
DeeAnn Stockhoff – Logan
Community Training Information
Non-Face to Face, Community and Licensing, & Grants

CEU Homework
All of the former UACCRRA CEU homework is now located on the URPD website under Professional Development.
https://urpd.usu.edu/
The cost of CEU credit is now FREE!
The homework will now be mailed to URPD.

The CDA council is now accepting clock hours for CDA renewal so CEU credit is not necessary for this purpose; however, please check with the CDA Council to be sure. 3 CEU’s are still accepted for Career Ladder, Levels 1-3 & 5-8.

Home Provider and Center Licensing Orientation, Training Schedule & Ongoing Rules Training

The Utah Department of Health - Bureau of Child Development Child Care Licensing’s schedule for home and center provider orientation meetings will be posted on their website: http://www.health.utah.gov/licensing/. Go to the website on the “Child Care Providers tab” and then click on “Trainings”. This will give the information for both the initial orientation schedules and the on-going rules trainings.

You can also find a link to their website at: http://www.careaboutchildcare.utah.gov click on contact. Training is online now.
If you have any questions call:
Kat Martinez: 801-698-3244

Hyrum Location- / Smithfield Location-
10 North 600 East 502 South Main St.
Logan Location –
1525 North 200 West (435) 752-8880 / In the event of an emergency someone can be reached 7 days a week 24 hours a day - Parenting Class: Ongoing course cost $25.00 per individual or $30.00 per couple – Call to register http://thefamilyplaceutah.org/ or info@thefamilyplaceutah.org

Box Elder Family Support Center
276 North 200 East
Brigham City, Utah 84302
(435) 723-6010 or 800-733-6010
Crisis/Respite Nursery and Parent Advocate Program

The Logan Family Center
50 South 400 East Logan, Utah 84321
(435) 755-5171
Email: director@loganfamilycenter.org
We are a non-profit organization that is dedicated to serving the families and communities of Northern Utah. For over 20 years, we have provided a number of free resources to help parents effectively raise and teach their children. Families have access to free classes, library materials, and more through our center. Our mission is to educate and empower families, encourage academic progress, promote family literacy, and support parenting success.

Tom Copeland Webinars
These webinars will help you master the business side of family child care.
Take part in a fast-paced webinar hosted by Tom Copeland. Webinars will include information on Basic Record Keeping and important tax updates.
For more information go to: http://tomcopelandblog.com/
## April Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1-3 &amp; 5-8: Discovering Science in Child Care</td>
<td>April 30, 2019</td>
<td>USU-Ext. 195 West 1100</td>
<td>$5</td>
<td>Licensing</td>
<td>In this course, participants will become familiar with the definition of science, how to incorporate it into daily activities in child care and what questions to ask throughout a science activity. Participants will also learn how to implement the Scientific Method to use during science and what “big” questions to ask while participating in a science activity.</td>
</tr>
<tr>
<td>CDA Work Night</td>
<td>April 25, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>Free</td>
<td>Licensing</td>
<td>The CDA Work Night is for providers interested in earning the CDA or continuing to work on completing the CDA credential. Free materials and laptops to use will be available to help complete the CDA process.</td>
</tr>
</tbody>
</table>

## May Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: Theory &amp; Best Practice Course 4</td>
<td>May 4 and 18, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course participants will learn about Maria’s Montessori’s influence on early childhood environments, Vygotsky’s theories about scaffolding and the Zone of Proximal Development, the work of Kohlberg, Gilligan and Turiel around Moral Development Theory, and Gardner’s Multiple Intelligences Theory.</td>
</tr>
<tr>
<td>Level 5-8: Infant/Toddler Course 2</td>
<td>May 7, 14, 21, 28, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course participants learn strategies for ensuring effective program operation, including program planning, organization, record keeping, and legal issues such as licensing, liability and insurance, custody issues, the Americans with Disabilities Act, and dealing with suspected abuse and neglect. Please note: Session 4 includes a detailed presentation about child abuse, including physical and sexual abuse, and neglect. This content may be triggering for some participants.</td>
</tr>
<tr>
<td>Level 5-8: Guidance &amp; Emotional Wellness Course 2</td>
<td>May 7, 14, 21, 28, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course, participants will learn about the importance of developmental theory to guidance and emotional wellness. They will learn about additional concepts developed by CSEFEL. They will learn why building healthy relationships and creating supportive environments are the cornerstones of helping children succeed socially and emotionally.</td>
</tr>
<tr>
<td>Level 5-8: Back to the Basics: Building Blocks for Success</td>
<td>May 20, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$5</td>
<td>Licensing</td>
<td>In this course, participants will learn about the emotional and social development of infants and toddlers. Areas of focus include temperaments, responsive caregiving, the caregiver's role in fostering emotional development, socialization, and guidance.</td>
</tr>
<tr>
<td>CDA Work Night</td>
<td>May 23, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>Free</td>
<td>Licensing</td>
<td>The CDA Work Night is for providers interested in earning the CDA or continuing to work on completing the CDA credential. Free materials and laptops to use will be available to help complete the CDA process.</td>
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## June Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
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<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: Family Child Care Course 2</td>
<td>June 4, 11, 18, 25, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course, participants learn how to set up and maintain a professional home child care business. Emphasis will be placed on ethical behavior, contract development, record keeping, taxes and marketing a home child care program.</td>
</tr>
<tr>
<td>Level 5-8: Director’s Toolbox Course 4</td>
<td>June 4, 11, 18, 25, 2019</td>
<td>USU-Ext. 195 West 1100</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course, participants will learn how to empower staff and make them vital partners in achieving center-wide goals, as well as prevent and manage problems with potential legal consequences.</td>
</tr>
<tr>
<td>Level 5-8: School Age Course 2</td>
<td>June 5, 12, 19, 26, 2019</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>$16</td>
<td>Licensing</td>
<td>In this course, participants will learn the effect of positive relationships on the behavior of school-age children. They will learn how to set up environments to optimize positive interactions and how to create behavior support strategies using observation.</td>
</tr>
<tr>
<td>Course Name</td>
<td>Date &amp; Time</td>
<td>Location</td>
<td>Cost</td>
<td>Credit</td>
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<tr>
<td>CDA Work Night</td>
<td>June 27, 2019 6:00-8:00pm 1 Thursday</td>
<td>NEW: USU CAC Office 493 North 700 East Logan</td>
<td>Free</td>
<td>Licensing CDA</td>
<td>The CDA Work Night is for providers interested in earning the CDA or continuing to work on completing the CDA credential. Free materials and laptops to use will be available to help complete the CDA process.</td>
</tr>
</tbody>
</table>

### First Aid, CPR and Food Handler's Training Sources

<table>
<thead>
<tr>
<th>Training Source</th>
<th>Website</th>
<th>Classes Offered</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridgerland Applied Technology College</td>
<td>btech.edu</td>
<td>CPR/First Aid</td>
<td>753-6780</td>
</tr>
<tr>
<td>Logan Regional Hospital</td>
<td>Intermountainhealthcare.org</td>
<td>CPR/First Aid</td>
<td>716-5365</td>
</tr>
<tr>
<td>Corey Wiley of Smithfield Fire Dept.</td>
<td><a href="mailto:info@smithfieldcity.org">info@smithfieldcity.org</a></td>
<td>CPR/First Aid</td>
<td>435 881-3925</td>
</tr>
<tr>
<td>Valerie Thomas</td>
<td>Register at: <a href="mailto:earlyedprogram@gmail.com">earlyedprogram@gmail.com</a></td>
<td>CPR/First Aid</td>
<td>435-512-3564</td>
</tr>
<tr>
<td>Mandy Wurfsten</td>
<td></td>
<td>CPR/First Aid</td>
<td>435-245-0702</td>
</tr>
<tr>
<td>Kirk Petersen</td>
<td></td>
<td>CPR/First Aid</td>
<td>435-563-2357</td>
</tr>
<tr>
<td>Brigham City Community Hospital</td>
<td><a href="https://brighamcityhospital.com/">https://brighamcityhospital.com/</a></td>
<td>CPR/First Aid</td>
<td>435-734-4130</td>
</tr>
<tr>
<td>Cache County Bear River Health Dept.</td>
<td>Brhd.org</td>
<td>Food Handler's</td>
<td>435-792-6500</td>
</tr>
<tr>
<td>Tremonton Bear River Health Dept.</td>
<td>Brhd.org</td>
<td>Food Handler's</td>
<td>435-257-3318</td>
</tr>
<tr>
<td>Brigham City Bear River Health Dept.</td>
<td>Brhd.org</td>
<td>Food Handler's</td>
<td>435-734-0845</td>
</tr>
</tbody>
</table>

### Acronyms for Professional Development System

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>LC</td>
<td>Licensing Credit Meets the requirements for licensing regulations</td>
</tr>
<tr>
<td>CL</td>
<td>Career Ladder Credit Meets the requirements for the Career Ladder</td>
</tr>
<tr>
<td>CDA</td>
<td>Child Development Associate Credential Credit Meets the requirements to qualify for the Child Development Associate Credential (CDA)</td>
</tr>
<tr>
<td>CEU</td>
<td>Continuing Education Units Meets the requirements for Utah Career Ladder</td>
</tr>
<tr>
<td>College</td>
<td>College Credit Meets the requirements for college credit from USU</td>
</tr>
</tbody>
</table>
Important Reminder
Registration fees vary in amounts.
For additional information on training amounts and how to register for training courses visit http://www.careaboutchildcare.usu.edu

Registration and pre-payment is required at least five (5) business days in advance of all classes. Remember: if you have to cancel your registration, as long as you do it at least three (3) business days before the first session of class, we can issue you a Training Voucher that you can use for another training class.

If you do register for a class that is full, you have two options:
1. If you choose not to register for the class, your payment will be returned to you.

2. If you choose to register for the class, your payment will be accepted and processed and you will be placed on the waiting list. If a spot in the class becomes available, we will contact you. If you are not able to get into the class, then we will issue you a Training Voucher that can be redeemed for a future training. Please note that we have to receive your paper registration form and payment before you can be placed on the waiting list.

Please contact our office with any questions or concerns. 797-1552 or (800) 670-1552.

Please allow for weather conditions, traffic, construction and basketball game parking issues when attending training classes.

Please take note of the Training Code of Conduct that is in this newsletter.

• Please be on time for classes!

• *If you are not able to arrive on time, then you would need to make up that session of class if you want to use the class for Career Ladder credit.

• *If you arrive late, you can stay to the class and still receive licensing credit hours.

The Code of Conduct will be strictly enforced!
Return Service Requested

Office & Library Hours

Monday - Thursday - 9 am to 5 pm
and Fridays, from 9 am to 3 pm

Resource Night:
Thursdays 5 pm to 8 pm except in July and December

Please call and make an appointment before coming
during the day so we can make sure someone is
available to help you.

Street Address: 493 N 700 E, Logan, 84321
Mailing Address: 6510 Old Main Hill, Logan, 84322

We can all be reached at:
435-797-1552 or 1-800-670-1552

CAC - USU Staff

Ann Austin
Executive Director

Carrie Stott
Director URPD/CAC

Leah Schilling
Director CAC/URPD

Kim Dutson
Family Child Care Specialist

Stephanie Jensen
Training Coordinator

Janeal Pollock
Data/Referral Specialist, Fingerprint Tech

Lisa Reeder
Provider Services Specialist