Welcome to another great year of training! In this edition of “It’s All About Training” you will find:

- Information on the upcoming training calendar with a wide variety of training classes that are scheduled throughout the fiscal year.
- Current registration form to begin registering for Career Ladder classes.
- CDA website with information on beginning the CDA journey and renewing the CDA.

Online registration is a huge success! The service will continue to provide caregivers a much easier time to register for training classes anytime of the day.

The website is careaboutchildcare.utah.gov, click on Provider tab, then Training Calendar on the left side of the page links to find the classes available.

The Care About Childcare staff is always happy to help or answer any of your training questions, please call us at (435)797-1552 or (800)670-1552,

“Learning is not accomplished by putting thoughts into a mind, but rather by empowering a mind to generate thoughts.”

Happy Training!

We would like to extend a warm thank you to Elaine Packer for the countless amount of hours she has dedicated to the training classes she has taught throughout the years. She will be greatly missed but we know she has a lot of journeys ahead. We wish her a happy retirement.
Utah Department of Health - New ASQ Tools to Aid Your Program

Serving young children and their families is what childcare programs are all about. You do what you do because you care. At the Bureau of Child Development in the Utah Department of Health, we understand that, we honor that, and we want to help you do it. Our Early Childhood Utah program currently offers two game-changing tools to assist you in the good work you’re already doing. The Ages and Stages Questionnaire (ASQ) and the Strengthening Families Protective Factor Framework can help improve clarity and precision in your work with families.

The Bureau is offering to partner with interested childcare programs in the service of families; we provide access to training, materials, tools, and ongoing support in integrating the ASQ into your program. In addition to providing insight on how to work with a specific child in the moment, screening is the first step to identifying children who could benefit from additional services to improve their outcomes now and down the road.

We’re also in the process of applying and adapting the Strengthening Families Protective Factors Framework to a variety of fields across the state. This strengths-based framework puts the work that we do with individual children every day in the larger context of the family, and what each partner, program, and provider contributes to that family’s development of the five protective factors:

- Parental Resilience
- Social Connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

To learn more about either of these efforts, please reach out to your local Care About Childcare center, or contact the Program Coordinator within the Bureau of Child Development, Justin Nuckles, directly at:

Justin Nuckles  
Email: jnuckles@utah.gov  
Office: 801-273-2908  
Cell: 385-232-6366

Please Share this important information with your Program Parents!

Kids in Care (K.I.C) helps job seekers!

Have you recently lost your job? It’s hard to find a new job when you have no one to watch your kids while you search.

The Kids in Care program reimburses regulated child care providers for caring for children while parents engage in formal job search activities! The Kids in Care program is for unemployed parents. Parents need to meet specified financial eligibility requirements based upon federal regulations. Providers can be reimbursed for up to 150 hours of 'drop in' child care for each Kids in Care family they provide care for.

If you would like more information on the Kids in Care Program, go to:  
www.cssutah.org/kids-in-care or  
Please call Tina Kofford at: (801) 326-4399
Provider Resource Night

Resource night is moving to a new night!

- Starting August 3rd Resource Night will be on Thursdays -

  Same time – different night - 5pm to 8pm
  our office will be open for providers
  *No resource night in July & December
  Check our Facebook page for other closures

  https://www.facebook.com/pg/CCRRBridgerland/

  Come in and get one-on-one assistance with:
  Technical Assistance, Professional Development,
  CDA help, Career Ladder or Marketing Page and more!
  You can also use the resources available to you such as:
  Book Bags, Lamination, Die Cuts, Book Binding,
  We are here for you!

  We are also available for fingerprints by appointment only.
  Call for details: 435-797-1552 or 800-670-1552
NEW CAC-USU Reserved Parking Spots:
If you visit on a weekday during business hours, please use the Care About Childcare reserved parking spaces on the east side of the black parking lot. North of the CPD, building (used to be HSRC).
You can find a map to our office and new training facility in Brigham City at: [www.careaboutchildcare.usu.edu](http://www.careaboutchildcare.usu.edu)

NEW CAC-USU Brigham City trainings are located at the Utah State University Brigham City Regional Campus
(Old Fred Meyers building)

195 West 1100 South
Brigham City

For more information call CAC-USU at: 435-797-1552
Professional Development

September 22-23, 2017

Ahoy Mate!!!
Save the date

Southern Utah Early Childhood Collaboration Conference 2017

KEEP CALM AND SAIL ON!
Helping Children Navigate their World
Dixie State University St. George, UT
Watch for more upcoming details

Fundied by the Department of Workforce Services/Office of Childcare

SAVE THE DATE!

4th Annual Care About Childcare—USU Eastern Conference on Strengthening Early Childhood Programs

What the Wizard Knew
Exploring Brain-Body Learning in Children

Through breakout sessions we will explore:
- Brain-body development in young children
- Practices that can be incorporated into your daily schedule to help brain development in the children in your program
- Solutions and helps for different challenges encountered by children in your program, sensory and otherwise

There will also be a keynote speaker, Learn and Takes, and much, much more.

Please join us in October!

October 13 & 14, 2017
Utah State University—Eastern Price, UT

Funding provided by the Child Care and Development Fund, The Department of Workforce Services and the Office of Child Care
CDA Corner

The Care About Childcare is happy to announce a CDA Work Night, scheduled on the 4th Thursday of each month. A CDA Specialist will be available to answer CDA questions, assist with the Portfolio and offer technical support in completing the CDA credential.

Scheduled Dates for CDA Work Nights in FY 18:

Thursday - August 24, 2017
Thursday - September 28, 2017
Thursday - October 26, 2017
Thursday - November 30, 2017
Thursday - January 25, 2018
Thursday - February 22, 2018
Thursday - March 22, 2018
Thursday - April 26, 2018
Thursday - May 24, 2018
Thursday - June 28, 2018

A CDA Specialist will be available from 5-8pm at the CAC office.

For more information about obtaining the CDA credential visit: http://www.cdacouncil.org
or call the Care About Childcare office at: 435-797-1552.
The deadline for Next Generation LiveScan FBI fingerprint update is:

**AUGUST 31, 2017!**

This is required for all covered individuals associated with facilities that receive any monies from the Department of Workforce Services, Office of Child Care.

Fingerprints for current, covered individuals (hired before July 1, 2016) will need to be done by this deadline. If you have any questions, or if you feel that you or a covered individual does not need to be fingerprinted, please call Joan Isom at Child Care Licensing, 866-320-0513, to be sure.

Care About Childcare is currently waiving the handling fee to process these fingerprints. Each covered individual needs to pay Child Care Licensing, at 888-287-3704 or online, (online there is an additional $2 processing fee) the **$37.00 fee** for the FBI before CAC – USU can schedule the fingerprint appointment.

Please Remember: The Background Screening Form is different than the fingerprinting. Senate Bill 8 changed the cost of the background checks from $15 to $18 starting July 1, 2017.

To submit a Background Screening Form visit:

[www.careaboutchildcare.utah.gov](http://www.careaboutchildcare.utah.gov)

Log onto your profile and then click the Child Care Licensing Portal tab OR you can go to the Child Care Licensing website at: [www.health.utah.gov/licensing](http://www.health.utah.gov/licensing)

After submitting your Background Screening Form online and paying the appropriate fees to licensing, give us a call to make your appointment.

If you have any questions about the process, feel free to give us a call at:

435-797-1552
Get to know our amazing CAC Instructors

**Denise Johnson** – I have been an Instructor for CAC for 12 years (I do not know the exact amount of time!). I worked as a childcare provider in a local childcare center for 14 years. During this time, I was a three-year-old teacher, five year old teacher, Preschool teacher and Child Care Director. I returned to school to earn my Master’s Degree in 2007. I received a Sensory Impairment Early Intervention Master’s Degree in 2009. I am now an Early Intervention Vision Specialist for USDB. I am married and have four children--three sons and one daughter. We enjoy watching sporting events, especially baseball and hockey, together. We love to travel to baseball stadiums and catch a few games. We laugh a lot at our house and are really enjoying a less busy life with only one child left at home!

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**Aziele Jenson, M.Ed.** - I have had 30 years experience in Early Childhood Education working in a variety of places including Utah State University, Utah School for the Blind, Head Start and the national T/TA system for early childhood. I have five children and sixteen grandchildren who are the love of my life. I like to read, travel and oil paint. I have visited all 50 states and each one is beautiful and unique just like each child. I love teaching the CAC classes and meeting so many wonderful people.

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**Brionne Thompson** – I am a doctoral student at Utah State University majoring in Human Development and Family Studies with an emphasis on Infancy and Early Childhood. My current research is focused on preschool children’s mathematics and executive function skills. My previous degrees are Elementary and Early Childhood Education. Prior to starting my doctoral program, I taught preschool for 6 years and second grade before that. My husband and I have two children, Riddick and Raven. I have served for 10 years on the board for the UAEYC, including serving for 2 years as president. I have been a CAC instructor for 4 years and am looking forward to more. I LOVE teaching classes for CAC; I especially love getting to know all of the wonderful providers and hearing about their programs and the children they serve.
**Amidee Arellano** - I am currently the Director of Little Wonders West. I have been teaching CAC classes for 1 year now and absolutely love spending time teaching, learning and connecting with other providers. I have earned my Bachelor’s Degree with emphasis on Psychology and Early Childhood/Family Education and have spent the last 10 years attending early childhood trainings, and conferences I love to learn! Luckily, for me, I work in a field where the learning never stops! My favorite topic to teach both children and adults is empathy in all things.

I have been lucky to gain experience working with children of all ages over the years in center care, preschool and in-home care settings. I love spending time with my husband and our four rowdy dogs. We love to camp, hike, spend time in nature and listen to live music of all varieties. If I am not working, I can usually be found tending to my small goat/chicken farm, or taking my nieces and nephews out to have fun. I am excited to continue being an instructor for CAC and to get to know all of you wonderful providers.

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**Lindsay Wright** – I have been an instructor for 9 years. I have a Bachelor Degree in Family & Human Development from USU and run a preschool in my home in Lewiston. I have two children; an 11-year-old daughter and a 9-year-old son. In my spare time, I enjoy spending time with my family, four wheeling, boating, watching my kids play sports, reading, and getting a drink at Maverik. I have enjoyed getting to know providers over the years and love to get new ideas from everyone.

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**Lisa Reeder** – I truly enjoy teaching and learning about child development. I live in Hyde Park and have a great husband and four fantastic children. I graduated from Utah State with a BS in secondary education. I find early childhood so fascinating that I have spent my time here instead of with the big kids. I have run a family childcare since 2001 in my home. I really like to travel. I love reading. I enjoy camping in the wilderness, but with a camp trailer so it is not too rough.
Gina Holdaway - I am the mother of 2 teenage boys, Sage (15) and Jack (13). They are the light of my life, and keep things fun! They both swim on competitive swim teams so we spend a lot of time and weekends at swim meets. Thirteen years ago, I opened my family childcare program in Brigham City. It has grown and evolved throughout the years, and is a constant work in progress. In 2012, I became a CAC Class Instructor. This position has afforded me the opportunity to get to know the providers throughout our community, and I feel that I have learned something from every one of you! I admire the network of support and encouragement that we give to one another. I love ice cold Cokes, listening to Van Morrison, and eating chips.

Wendee Lamb – I am a Cache Valley native, currently living in Smithfield. I have been married for 23 years and have 6 children, ages 7-20. I love spending time with my family at soccer games, camping, hiking, working in the yard, doing crafts and playing games. Summer is my favorite time of year and I love to eat all fruits and vegetables. I graduated from Utah State University with an Early Childhood education degree. I worked in the Cache District for 8 years teaching kindergarten and first grade. I then started my own preschool business, Magical Beginnings, which has operated for 16 years. I love working with kids, seeing their excitement to learn and watching them grow. I have been an instructor with CAC for 10 years and love to share experience and ideas with other providers.

Raelyn Rigby - I live in Newton. I have a husband who farms full time and 5 children. Four daughters and a son ages 13 - 25. I have been a registered nurse working mainly in public health for over 26 years. I love teaching and working with childcare providers. They are some of the best people ever!
CEU Homework

All of the former UACCRAA CEU homework is now located on the CCPDI website under Professional Development.

http://ccpdi.usu.edu/

The cost of CEU credit is now FREE!
The homework will now be mailed to CCPDI.

The CDA council is now accepting clock hours for CDA renewal so CEU credit isn’t necessary for this purpose; however, please check with the CDA Council to be sure. 3 CEU’s are still accepted for Career Ladder, Levels 5-8.

CEU Homework

Child and Family Support Center
1525 North 200 West / Smithfield Location
Logan, Utah 502 South Main St.
NOW – In Hyrum too!
10 North 600 East
Hyrum, Utah
(435) 752-8880 / call 7 days a week 24 hours a day

Parenting Class: Ongoing Course cost
$25.00 per individual or $30.00 per couple
– Call to register
http://childandfamilysupportcenter.org/

Box Elder Family Support Center
276 North 200 East
Brigham City, Utah 84302
(435) 723-6010 or 800-733-6010

Family Information and Resource Center
50 South 400 East Logan, Utah 84321
(435) 755-5171 Email
director@loganfamilycenter.org

Home Provider and Center Licensing Orientation, Training Schedule & Ongoing Rules Training

The Utah Department of Health- Bureau of Child Development Child Care Licensing’s schedule for home and center provider orientation meetings will be posted on their website
http://www.health.utah.gov/licensing. Go to the website and click on Provider Trainings. This will give the information for both the initial orientation schedules and the on-going rules trainings. You can also find a link to their website at:
http://www.careaboutchildcare.utah.gov click on contact.
*Remember that pre-registration is required for the trainings.
If you have any questions call:
Kathleen Saunders: 801-698-3244

Tom Copeland Webinars

These webinars will help you master the business side of family child care.
Take part in a fast-paced webinar hosted by Tom Copeland. Webinars will include information on Retirement Goals, Basic Record Keeping and important tax updates.

For more information go to:
http://tomcopelandblog.com/
**Provider Recognition**

**Career Ladder - Family Start Up Grant - CAC Grant - CDA - PDA**

**Achieved by March, April, May, June 2017**

### Early Childhood Career Ladder

<table>
<thead>
<tr>
<th><strong>Level 1</strong></th>
<th><strong>Level 2</strong></th>
<th><strong>Level 3</strong></th>
<th><strong>Level 4</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Fullmer</td>
<td>Laura Palmer</td>
<td>Miriam Harter</td>
<td>Amanda Nielson</td>
</tr>
<tr>
<td>Andrea Hatton</td>
<td></td>
<td>Patti Rose</td>
<td></td>
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<tr>
<td>Lisa Saunders</td>
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</table>

<table>
<thead>
<tr>
<th><strong>Level 5</strong></th>
<th><strong>Level 6</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Amanda Nielson</td>
<td>Amanda Nielson</td>
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<table>
<thead>
<tr>
<th><strong>Level 8</strong></th>
<th><strong>Level 10</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Valerie Thomas</td>
<td>Kendra Morris</td>
</tr>
<tr>
<td></td>
<td>Christie Russon</td>
</tr>
<tr>
<td></td>
<td>Kelsey Saterfield</td>
</tr>
</tbody>
</table>

### Professional Development Award

- Ed Barrett
- Kaitlan Bennington
- Alyson Bradbury
- Michelle Brower
- Jaclyn Crook
- Regina Dickinson
- Kelly Fairbanks
- Marianne Frisby
- Mary Fullmer
- Paula Gildorf-Barker
- Lori Greer
- Michael Harter
- Miriam Harter
- Andrea Hatton
- Heather Johnson
- Kari Johnson
- Melissa Johnson
- Danet Larsen
- Debra Leishman
- Tami Lewis
- Kirsten Locascio
- Loree Mayers
- Rachel Moore
- Kendra Morris
- Jackie Potter
- Jan Rampton
- Calie Rencher
- Sarah Ringueburg
- Patricia Rose
- Christie Russon
- Lisa Saunders
- Megan Sparrow
- Louise Stromberg
- Valerie Thomas
- Jamie Tibbitts
- April Turner
- Jeannetta Wadsworth
- Dayna Wilde
- DeAnn Williams

### Endorsements

- **Infant/Toddler**
  - Lori Greer

- **School Age**
  - Lori Greer

### CDA

- Amanda Nielson

### Grants

- **PC Grant**
  - Katie Russell
  - April Turner

- **FSUG Part 1**
  - Tara Dowd
  - Heather Bubel
  - Johana Thorsted
  - Rosa Ayala

- **New Providers**
  - Rosa Ayala – Brigham City
  - Misti Bingham – Brigham City
  - Michelle Parker - Logan
### July Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1-3: Creating a Preschool Curriculum</td>
<td>July 29, 2017</td>
<td>USU CAC Office Logan</td>
<td>$8</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn how to plan and implement a developmentally appropriate curriculum. They will learn about child domains, room arrangement, how to do a curriculum web and a lesson plan, and what a story stretcher is. They will also learn activities that support whole child learning in the areas of art, music and science.</td>
</tr>
</tbody>
</table>

### August Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1: Learning in the Early Years</td>
<td>August 1,8,15,22,2017</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.</td>
</tr>
<tr>
<td>Level 5-8: Infant/Toddler Course 2</td>
<td>August 1,8,15,22,2017</td>
<td>USU-Ext. 195 West 1100 South Brigham City</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, and the caregiver's role in fostering emotional development, socialization, and guidance.</td>
</tr>
<tr>
<td>Level 5-8: School Readiness Course 2</td>
<td>August 2,9,16,23,2017</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course, based on Utah's Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler's early math and science skills for school readiness. Areas of focus include: concepts of number and counting, shapes, spatial relations, patterning, sorting, comparing, and measurement.</td>
</tr>
</tbody>
</table>

### September Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
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<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: Special Needs Course 2</td>
<td>September 5,12,19,26, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will learn about communicating in regards to children with special needs. Topics include building partnerships with families, community resources and supports, facilitating communication with children and families, encouraging speech and basic sign language.</td>
</tr>
<tr>
<td>Level 1-3: Is Your Childcare Ready? Disaster Preparedness for Childcare Settings</td>
<td>September 5,12,19,26, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU-Ext. 195 West 1100 South Brigham City</td>
<td>$8</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn how to prepare for emergency situations, what to do in case of a disaster, and what to do once the danger has passed.</td>
</tr>
<tr>
<td>Level 1 Ages &amp; Stages</td>
<td>September 6,13,20,27, 2017 6:30-9pm 4 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children.</td>
</tr>
<tr>
<td>Level 5-8: Relationship Touchpoints Course 2</td>
<td>September 9,16,2017 8:00am-1:00pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>This course, based on the work of Dr. T. Berry Brazelton, focuses on understanding the developmental Touchpoints of the prenatal through 12 months age and supporting the child's development at child care and at home. Instruction will include the &quot;Touchpoints&quot; principles &amp; assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices.</td>
</tr>
<tr>
<td>Level 1-3: Back to the Basics: Exploring Art</td>
<td>September 11,2017 6:30-9pm 1 Monday</td>
<td>USU CAC Office Logan</td>
<td>$5</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn key art skills to use in teaching children how to enjoy art in the classroom. Emphasis will be on open-ended art projects, a variety of art tools, recipes for variety of paints and many activities to do with art.</td>
</tr>
</tbody>
</table>
October Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
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<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: Infant/Toddler Course 3</td>
<td>October 3, 10, 17, 24, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CDA CEU</td>
<td>In this course participants explore how infants and toddlers learn. Areas of focus include: cognitive discoveries of infancy, the role of the caregiver in supporting learning, stages of infancy, and language development.</td>
</tr>
<tr>
<td>Level 2-3: Advanced Child Development</td>
<td>October 3, 10, 17, 24, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU Ext. 195 West 1100 South Brigham City</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants learn basic principles and theories of child development, and how this knowledge can influence their day-to-day work with children. Participants will be introduced to the theories of Maslow, Erikson, Montessori, Piaget, Vygotsky, Kohlberg, Gilligan, and behaviorism.</td>
</tr>
<tr>
<td>Level 5-8: Unlocking the Creative Mind</td>
<td>October 4, 11, 18, 25, 2017 6:30-9pm 4 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will learn the value of creative art, dramatic play, creative movement, music and dance, and the important roles they play in a young child’s life.</td>
</tr>
<tr>
<td>Level 5-8: Help Me Grow-ASQ</td>
<td>October 5, 12, 19, 26, 2017 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will learn how to use the developmental screening tool known as the Ages and Stages Questionnaire. They will learn how to work with parents to help develop an understanding of child development, check to see if development is on track, identify children who might be at risk for developmental delay, and support children’s development with learning activities.</td>
</tr>
<tr>
<td>Level 1-10: Strengthening Families</td>
<td>October 7, 14, 21, 28, 2017 8:00am-1pm 4 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>This course teaches 5 research-based protective factors that have been demonstrated to diminish the likelihood of childhood abuse and neglect. Participants will learn to incorporate and build upon these factors in their daily work with parents.</td>
</tr>
</tbody>
</table>

November Classes

<table>
<thead>
<tr>
<th>Course Name</th>
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<th>Credit</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Level 1-10: TOP Star Training</td>
<td>November 2, 9, 16, 30, 2017 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CDA CEU</td>
<td>In this course participants will develop an understanding of how to prevent obesity in child care settings. They will learn how to develop policies that support mothers who choose to breast feed. They will also learn best practice regarding physical activity and nutrition for children in their care, and how to limit “screen time” in their programs.</td>
</tr>
<tr>
<td>Level 5-8: Relationship Touchpoints Course 3</td>
<td>November 4, 11, 2017 8:00am-1:00pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>This course, based on the work of Dr. T. Berry Brazelton, focuses on understanding the developmental “Touchpoints” of the one-two year old and supporting the child’s development at day care and at home. Instruction will include the “Touchpoints” principles &amp; assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices.</td>
</tr>
<tr>
<td>Level 5-8: Special Needs Course 3</td>
<td>November 7, 14, 28, 2017 December 5, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will learn how to set up the environment to maximize success when working with children who have special needs. Topics include creating an accessible environment, arranging the environment for learning, increasing the playability of toys and materials, using routines to teach, and teachable moments.</td>
</tr>
<tr>
<td>Level 5-8: School Readiness Course 3</td>
<td>November 7, 14, 28, 2017 December 5, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU Ext. 195 West 1100 South Brigham City</td>
<td>$18</td>
<td>Licensing CL CDA CEU</td>
<td>In this course, based on Utah’s Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler’s social and emotional development for school readiness. Areas of focus include: self-esteem, temperament, self-regulation, emotions, guidance, problem-solving, and social studies.</td>
</tr>
<tr>
<td>Level 1-3 Back to the Basics: Music in the Classroom</td>
<td>November 13, 2017 6:30-9pm 1 Monday</td>
<td>USU CAC Office Logan</td>
<td>$5</td>
<td>Licensing CL CDA</td>
<td>In this course, participants will learn the value of music in the classroom. They will be taught techniques in teaching music to children and important reminders to know throughout singing time. Also, participants will learn fun and interactive songs that are easy for children to learn.</td>
</tr>
</tbody>
</table>
December Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: Guidance &amp;</td>
<td>December 2,9,2017</td>
<td>USU CAC Office</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this course, participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations of Early Learning). They will explore development of positive teaching strategies for working with infants, toddlers, preschool children, and school-age children. They will also learn how doing observation and documentation supports healthy social/emotional development.</td>
</tr>
<tr>
<td>Emotional Wellness</td>
<td>8:00am-1:00pm</td>
<td>Logan</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Course 3</td>
<td>2 Saturdays</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

First Aid, CPR and Food Handler’s Training Sources

<table>
<thead>
<tr>
<th>Training Source</th>
<th>Classes Offered</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridgerland Applied Technology College</td>
<td>CPR/First Aid</td>
<td>435-753-6780</td>
</tr>
<tr>
<td>Logan Regional Hospital</td>
<td>CPR/First Aid</td>
<td>435-716-5310</td>
</tr>
<tr>
<td>Corey Wiley of Smithfield Fire Dept.</td>
<td>CPR/First Aid</td>
<td>435-881-3925</td>
</tr>
<tr>
<td>Mandy Wurfsten</td>
<td>CPR/First Aid</td>
<td>435-245-0702</td>
</tr>
<tr>
<td>Kirk Petersen</td>
<td>CPR/First Aid</td>
<td>435-563-2357</td>
</tr>
<tr>
<td>Brigham City Community Hospital</td>
<td>CPR/First Aid</td>
<td>435-734-4130</td>
</tr>
<tr>
<td>Cache County Bear River Health Dept.</td>
<td>Food Handler’s</td>
<td>435-792-6500</td>
</tr>
<tr>
<td>Tremonton Bear River Health Dept.</td>
<td>Food Handler’s</td>
<td>435-257-3318</td>
</tr>
<tr>
<td>Brigham City Bear River Health Dept.</td>
<td>Food Handler’s</td>
<td>435-734-0845</td>
</tr>
</tbody>
</table>

Acronyms for Professional Development System

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Definition</th>
<th>Meets the requirements for</th>
</tr>
</thead>
<tbody>
<tr>
<td>LC</td>
<td>Licensing Credit</td>
<td>licensing regulations</td>
</tr>
<tr>
<td>CL</td>
<td>Career Ladder Credit</td>
<td>for the Career Ladder</td>
</tr>
<tr>
<td>CDA</td>
<td>Child Development Associate Credential Credit</td>
<td>for the Child Development Associate Credential (CDA)</td>
</tr>
<tr>
<td>CEU</td>
<td>Continuing Education Units</td>
<td>for Utah Career Ladder</td>
</tr>
<tr>
<td>College</td>
<td>College Credit</td>
<td>for college credit from USU</td>
</tr>
</tbody>
</table>
Important Reminder
Registration fees vary in amounts.
For additional information on training amounts and how to register for training courses visit: www.careaboutchildcare.usu.edu/

Registration and pre-payment is required at least **five (5) business days** in advance of all classes. Remember: if you have to cancel your registration, as long as you do it at least **three (3) business days** before the first session of class, we can issue you a Training Voucher that you can use for another training class.

If you do register for a class that is full, you have two options:
1. If you choose not to register for the class, your payment will be returned to you.
2. If you choose to register for the class, your payment will be accepted and processed and you will be placed on the waiting list. If a spot in the class becomes available, we will contact you. If you are not able to get into the class, then we will issue you a Training Voucher that can be redeemed for a future training. Please note that we have to receive your paper registration form and payment before you can be placed on the waiting list.

Please contact our office with any questions or concerns. 797-1552 or (800) 670-1552.

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*Please allow for weather conditions, traffic, construction and basketball game parking issues when attending training classes.*

Please take note of the **Training Code of Conduct** that is in this newsletter.

- Please be on time for classes!
- *If you are not able to arrive on time, then you would need to make up that session of class if you want to use the class for Career Ladder credit.*
- *If you arrive late, you can stay to the class and still receive licensing credit hours.*

The Code of Conduct will be strictly enforced!
In July of 2013 we announced a change to the Career Ladder System that will require Early Childhood Professionals to have a Demonstrated Competency by **July 1, 2018**. Here are a few of the frequently asked questions that we have received about this change.

- **What is a Demonstrated Competency?**
  - A Demonstrated Competency (D.C.) is comprised of training, assessment, and an observation. A D.C. indicates that an Early Childhood Professional has taken at least 120 hours of training and is able to put that training into practice. These D.C.s are recognized throughout the state of Utah, belong to the provider not the program, and are portable. Providers who have earned a D.C. can take it with them anywhere they go in licensed care in Utah and have it count.

- **Why are we now being required to get a D.C.?**
  - The Office of Child Care (OCC) manages the Child Care Professional Development Institute (CCPDI) where the annual Professional Development Awards come from. OCC is monitored by The Federal Administration for Children and Families. The Federal Office has told OCC that every dollar given to providers needs to be tied to quality, and that quality needs to be verified. The new D.C. will fulfill those federal requirements.

- **How can I get a D.C. if I am new to the Career Ladder?**
  - There are ten pathways that anyone can choose from in order to get a D.C. They are:
    1. CDA (Child Development Associate Credential)
    2. CCP (Child Care Professional Credential)
    3. National Administrators Credential (NAC) + 6 specific classes + observation
    4. High School Skills Certificate (within the last 5 years)
    5. Current Teaching Credential + observation
    6. Early Childhood College Practicum (within the last 5 years)
    7. Current Montessori Certification
    8. Current NAFCC Accreditation for Family Child Care Providers
    9. Associates Degree (with 15 or more early childhood credits)
    10. Bachelor Degree (with 15 or more early childhood credits)

- **Is there a cost for a CDA?**
  - Yes the cost is $425; however, any provider currently working in a licensed child care program is eligible for a scholarship of $425. Visit CCPDI at [http://ccpdi.usu.edu](http://ccpdi.usu.edu) and click on the Scholarship option.

- **Is there assistance for me if I want to get my CDA and I am not sure how to get started or need some support?**
  - Yes! Each of the local Care About Childcare Agencies have CDA Coaches that can give all kinds of free support. Just contact your local CAC agency. [http://www.careaboutchildcare.usu.edu](http://www.careaboutchildcare.usu.edu)

- **What if I already have a Level 5, 6, 7 or 8 and I earned it before the change?**
  - You may choose any of the ten pathways listed above or you may from choose two additional pathways that are available just for you
    1. Training that includes the 6 specific classes + observation + portfolio
    2. Training that includes the 6 specific classes + observation + 4 CEU’s from the local Care About Childcare Agencies

- **What are the six specific classes that are needed for options 3, 11, and 12?**
  1. Ages & Stages
  2. Learning in the Early Years
  3. A Great Place for Kids
  4. Strong & Smart
  5. Learning to Get Along
  6. Advanced Child Development

- **Where do I find out more information about what is in option 11, the portfolio option?**
  - Visit the CCPDI website at [http://ccpdi.usu.edu](http://ccpdi.usu.edu). Go to the Professional Development Tab, the Demonstrated Competencies Tab, and click on this option.

- **Where do I find out what is in an observation and how I can arrange to get an observation?**
  - Visit the CCPDI website at [http://ccpdi.usu.edu](http://ccpdi.usu.edu). Go to the Professional Development Tab, the Demonstrated Competencies Tab, and click on Observation Information

- **Is there a cost for an observation?**
  - Yes, the cost is $100; however, scholarships are available through CCPDI. Simply contact CCPDI at [http://ccpdi.usu.edu](http://ccpdi.usu.edu) and click on Scholarship Option.

- **What will happen if I already have a higher level and I don’t want to get a D.C.?**
  - You will retain your Career Ladder Level, but will receive a lower amount for your Professional Development Award. If, at any time after the deadline you choose to get a demonstrated competency, your annual professional development award will resume to the higher amount.
6510 Old Main Hill
Logan, UT 84322-6510
www.careaboutchildcare.utah.gov

Return Service Requested

Office & Library Hours

Monday - Thursday - 9am to 5pm
and Fridays, 9am to 3pm

Resource Night:
*Thursdays 5pm to 8:00pm except in July or December
*August- Resource Night is moving to a new night!
-Starting August 3rd Resource Night will be on Thursdays -
Same time – different night

Please call and make an appointment before coming
during the day so we can make sure someone is
available to help you.

797-1552 or 1-800-670-1552

CAC - USU Staff

Ann Austin
Executive Director

Carrie Stott
Director CCPDI

Leah Schilling
Director CAC

Kim Dutson
Recruitment & Retention Coordinator

Stephanie Jensen
Training Coordinator

Janeal Pollock
Referral/Data Specialist & Library Coordinator

We can all be reached at:
435-797-1552 or 1-800-670-1552