The CAC grant is now available!

**The Care About Childcare Quality Criteria Grant:**

This grant is now available to all Child Care programs that have been licensed for 6 months or longer. Programs need to be in substantial compliance with licensing (no civil money penalties or current issuance of a conditional license). Grant amounts vary according to the number of criteria achieved, and care type.

Go to CCPDI website for more info: [http://ccpdi.usu.edu](http://ccpdi.usu.edu) or call 435-797-1552.

**Once again we are offering an Early Bird Reward!**

All Programs that *complete the grant application and have it postmarked by October 15, 2016* will receive 10% MORE on the amount of criteria that you achieve.

Additionally, if 20% or more of your enrollment is from children whose child care fees are subsidized with state Child Care Assistance funds, you receive an additional 10% on either grant.

*For a grant application to be complete all requirements must be met including all criteria being approved. We would be more than happy to help you achieve this success for your program! Any questions give us a call: 435-797-1552*
Care About Childcare Websites and Provider Portal Differences

**Care About Childcare – USU**
www.careaboutchildcare.usu.edu

- Vacancy & Whole Record Updates
- Current Training Calendar
- Career Ladder & Professional Development Information Links
- Provider, Parent & Community Resources
- Summer Activity Guide
- Child Development Information
- Archived and Current Newsletters
- Provider Grant Information
- Link for Care About Childcare Site

**Care About Childcare**
www.careaboutchildcare.utah.gov

- Report Changes in Payment Rates
- View Professional Development Training Calendar
- Register for Professional Development Classes Online
- Check Facility Profile and Update Information
- Upload Information on free CAC Statewide Marketing Page
- Register and Submit Indicators of Quality Child Care to Advertise Your Facility
- Apply for Quality Indicators after Approval from CAC – USU
- Gateway to Child Care Licensing & DWS Portals
- Abundance of Information and Resources for Parents in your Program and Community

**Child Care Licensing Provider Portal**
Access through www.careaboutchildcare.utah.gov (Gray Button on CAC Providers Page)

Must Log into your CAC Account to Access this site
- Obtain or Renew a License
- Request, Upload & Authorize Background Checks
- Report Changes, Such as a New Email Account or Phone Number
- View Licensing Rules
- View the Current Interpretation Manual
- Pay Fees & Fines

Licensing Requirements Website:
www.health.utah.gov/licensing

Note: Please Do Not Confuse the Child Care Licensing Portal with the DWS Provider Portal

**DWS Provider Portal**
Access through www.careaboutchildcare.utah.gov (Orange Button on CAC Providers Page)

Login is Created by OCC Using your Email
- View Cases Approved for Subsidy Payments
- Enter Financial Account Information
- View Payment History
- Report Children No Longer in Care

**DWS Office of Child Care Assistance Line**

Helps Providers with:
- Support for New Providers
- Assistance with DWS Child Care Provider Portal Questions
- Assistance with Case Status Issues

Email: occ@utah.gov
Phone: (866) 435-7414 select option 5, then option 1
Website: www.jobs.utah.gov/occ
Save the Date!

42nd Annual Utah Early Childhood Conference
“Move to Improve – Engaging Early Childhood Minds and Bodies!”

February 25, 2017
held at Weber State University
Keynote Keri Krout

Sponsored by uaeyc
Utah Association for the Education of Young Children
Co-sponsored by: Office of Childcare
CareAboutChildcare.utah.gov

For up to date information visit www.utahearlychildhoodconference.com

42nd Annual Utah Early Childhood Conference
“Move to Improve – Engaging Early Childhood Minds and Bodies!”

Save the Date!

child Annual Fall Conference
Saturday, October 29, 2016

Save the Date!

When: 9:00 am – 1:00 pm
Where: CAC – USU office
We will have a presenter from the BRHD teach us about nutrition and how to prevent obesity.
Refreshments, make & take, door prizes and networking.
Please email us your favorite recipes to share in a small cookbook.
Send to: child0cvalleyut@gmail.com
For questions call Brenda Petith: (435) 787-1871 Or Lisa Reeder: (435) 563-3577
Utah Department of Health - New ASQ Tools to Aid Your Program

Serving young children and their families is what childcare programs are all about. You do what you do because you care. At the Bureau of Child Development in the Utah Department of Health, we understand that, we honor that, and we want to help you do it. Our Early Childhood Utah program currently offers two game-changing tools to assist you in the good work you’re already doing. The Ages and Stages Questionnaire (ASQ) and the Strengthening Families Protective Factor Framework can help improve clarity and precision in your work with families.

The Bureau is offering to partner with interested childcare programs in the service of families; we provide access to training, materials, tools, and ongoing support in integrating the ASQ into your program. In addition to providing insight on how to work with a specific child in the moment, screening is the first step to identifying children who could benefit from additional services to improve their outcomes now and down the road.

We’re also in the process of applying and adapting the Strengthening Families Protective Factors Framework to a variety of fields across the state. This strengths-based framework puts the work that we do with individual children every day in the larger context of the family, and what each partner, program, and provider contributes to that family’s development of the five protective factors:

- Parental Resilience
- Social Connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

To learn more about either of these efforts, please reach out to your local Care About Childcare center, or contact the Program Coordinator within the Bureau of Child Development, Justin Nuckles, directly at:

Justin Nuckles
Email: jnuckles@utah.gov
Office: 801-273-2908
Cell: 385-232-6366

Please Share this important information with your Program Parents!

Kids in Care (K.I.C) helps job seekers!

Have you recently lost your job? It's hard to find a new job when you have no one to watch your kids while you search.

The Kids in Care program reimburses regulated child care providers for caring for children while parents engage in formal job search activities! The Kids in Care program is for unemployed parents. Parents need to meet specified financial eligibility requirements based upon federal regulations. Providers can be reimbursed for up to 150 hours of 'drop in' child care for each Kids in Care family they provide care for.

If you would like more information on the Kids in Care Program, go to: www.cssutah.org/kids-in-care or
Please call Tina Kofford at: (801) 326-4399
Lending Library Closing

Starting in January 2017 the CAC – USU will no longer offer Lending Library services. We will continue to have resources for Licensed Child Care Programs in our office that include:

Die-Cuts
Laminating
Bulletin Board Colored Paper
Resource and Curriculum Books

If you are needing supplies for your program, we would encourage you to take advantage of the grant programs offered by the Care About Childcare Office and the Office of Child Care.

Program Consultant Grant
Care About Child Care Criteria Grant
Office of Child Care Grants (offered throughout the year with different eligibility)

Contact the CAC Office at 435-797-1552 with questions or more information about these programs.

You are also welcome to come in Wednesday nights from 6pm-8pm to use resources and to receive assistance from our staff.
CDA Corner

A big piece of the CDA process is earning ten (10) hours of training in each of the 8 Competency Areas. All training hours that are offered through the CAC office will count in each of the different Competency Areas, below are some Career Ladder classes that would cover the different areas of competency.

**Competency Area #1- Planning a Safe and Healthy Learning Environment:**
Healthy Care
Learning in the Early Years

**Competency Area #2- Steps to advance children’s physical and intellectual development:**
Back to the Basics-all,
Strong and Smart,
School Readiness-all

**Competency Area #3- Positive ways to support children’s social and emotional development:**
Learning to Get Along
Guidance and Emotional Wellness

**Competency Area #4- Strategies to establish relationships with families:**
Working Together
Strengthening Families
Family Child Care Course 2, 3

**Competency Area #5- Strategies to manage an effective program operation:**
Creating Good Childcare
Family Child Care Course 4
Director’s Toolbox Course 1,2,3,4

**Competency Area #6- Maintaining a commitment to professionalism:**
More than Babysitting,
CAC What’s it All About?

**Competency Area #7- Observing and recording children’s behavior:**
Looking to Learn,
Help Me Grow: ASQ 3 and Help Me Grow: ASQ SE

**Competency Area #8- Principles of child development and learning:**
Ages and Stages
Advanced Child Development
Theory and Best Practice Course 1,2,3,4

For additional help with the CDA process, call the CAC office. We would be happy to help answer questions about the CDA program. 435-797-1552
Exciting CDA News!

The Utah Legislature appropriated $500,000.00 in the last legislative session to provide support for individuals working in the early childhood field to complete a pre-school based Child Development Associate (CDA) Credential.

How might this benefit you? The Care About Child Care Agencies all across the state will be adding additional classes that will be offered at no cost to providers that apply for and are selected for this new program. Those accepted into the program will receive free classes, CDA books, portfolio materials and portfolio support.

In addition, the CDA fee of $425.00 will be paid for on behalf of the candidate when completion of all requirements are demonstrated and they are ready to apply. Providers will have to commit to the entire process, which will take approximately 14 months. This opportunity is for a limited time and there are limited spaces available. Be watching for additional information in the coming weeks through Care About Child Care emails.

Coaching Opportunities for Child Care Professional Development Institute (CCPDI)

CCPDI is looking for experienced coaches! New opportunities in the future will offer/require coaching in child-caregiver interactions and early childhood environments. CCPDI is building a database of qualified coaches to fill this need. Coaches will need experience and education in Early Childhood and coaching adults. If you are interested, or know someone who might be, please go to the CCPDI website (ccpdi.usu.edu) and open the Coaching tab on the left. Please help us get the word out to qualified coaches.
How to Market Your Program on a Budget

Source: tomcopelandblog.com

Marketing your family child care business doesn’t have to be an elaborate campaign or cost a lot of money. But, to be successful you will usually have to spend some money to market your business. Plan to spend a few dollars on marketing each month. Remember that all of your marketing expenses are 100 percent tax deductible!

Here are a few low-cost marketing tips:

1. Choose a name for your business and register it with your state. Cost: $22
2. Print 250 business cards listing your name and phone number. Distribute them to friends, relatives, neighbors, etc. www.Vistaprint.com offers free business cards. Cost: Free
3. Create a one-page flyer about your program. Identify three things that are special about your program. Distribute 100 copies at local businesses, churches, schools, etc. Cost: $25
4. Record a friendly and professional greeting on your voice mail that identifies your business and invites parents to leave a message. Cost: Free
5. Offer a finder’s fee to anyone who refers a parent to you who enrolls and stays at least one month. Cost: $50
6. Create an inviting and safe first impression for parents by cleaning up the outside of your home and your entryway. Cost: Free
7. When a parent calls about your program, make sure you follow up with a thank-you note and a return call to try and schedule an interview. Cost: $.47
9. Put together a photo album and caption some of the photos with descriptions of the benefits of your program. Cost: $25
10. Start your own website. Highlight the benefits of your program create a private Facebook page and post accounts of your activities with the children. Post children’s photos (after gaining written permission). Cost: Free

Many family child care providers think that marketing is just advertising. They assume that if they are doing advertising, they know all about marketing. Marketing, however, is much more than advertising. Marketing is part science and part art. Two child care providers located in the same geographic area may have very different marketing strategies. In fact, a family provider wants her business to be different to create a “unique market niche.” Find ways to showcase the services you provide in a quality care setting.

For additional tips on marketing your program feel free to contact our office at 435-797-1552 or (800) 670-1552. You can visit our website at: www.careaboutchildcare.usu.edu
Achieved by July, August, September 2016

Early Childhood Career Ladder

Level 1
Brittny Kafton
Brittney Saxton

Level 3
Sandra Bodrero
Denise Seamons

Level 4
Jennifer Baker

Level 5
Jennifer Baker

Level 9
Tori Wennergren

Level 10
Leisl Fuentes
Elise Powell
Krista Useche

Endorsements

Family Child Care –
Jaclyn Crook

Guidance & Emotional Wellness-
Jaclyn Crook
Colleen Harper

Special Needs –
Kari Johnson

Relationship Touchpoints –
Jackie Potter

Family Start-up Grant Part 1

Laura Jones – Logan
Cortney Atkinson – Brigham City

Professional Development Award

Kimberly Beckstead
Sandra Bodrero
Cindy Gill
Gina Holdaway
Brittny Kafton
Aubrey Mayers
Laura Palmer
Nikki Richardson
Nonna Rose-Carr
Denise Seamons
Megan Sparrow
Jennifer Stenquist

Welcome!

New Providers
Laura Jones – Logan
Cortney Atkinson – Brigham City
Amanda Munoz - Tremonton

CONGRATULATIONS AND THANK YOU FOR ALL OF YOUR HARD WORK!
Do you have questions about a child under 3 in your care?

Do they have difficulty talking?

Crawling or walking?

Sitting or standing?

Controlling his or her behaviors?

Interacting with others?

Eating?

If you answered yes to any of the above listed concerns, this child may be eligible for services through the baby watch early intervention program at Up to 3 Early Interventions.

For more information on how to help the children in your care, you or the child’s parent can contact:

Up to 3, Early Intervention
At Utah State University
(435) 797-3727 or toll free at 1-866-(MYKIDDO), 1-866-695-4336

You can make a difference for children under 3 in your supervision. We can offer support to your program as well as help for the family.
What is Help Me Grow?

Help Me Grow links families to services that lead to the best outcomes for children by providing

- General child development/behavioral information
- Community resources
- Parenting techniques & education
- Activity ideas centered on child development
- Developmental screening questionnaire

Ask us how you can enroll today!

Together, we focus on your child's development, so you can focus on your child's future.

Find us online at helpmegrowutah.org.
Proud affiliate of the national Help Me Grow Network
Community Training Information

CEU Homework

All of the former UACCRRRA CEU homework is now located on the CCPDI website under Professional Development.

http://ccpdi.usu.edu/

The cost of CEU credit is now FREE!

The homework will now be mailed to CCPDI.

The CDA council is now accepting clock hours for CDA renewal so CEU credit isn’t necessary for this purpose; however, please check with the CDA Council to be sure. 3 CEU’s are still accepted for Career Ladder, Levels 5-8.

Home Provider and Center Licensing Orientation, Training Schedule & Ongoing Rules Training

The Utah Department of Health- Bureau of Child Development Child Care Licensing’s schedule for home and center provider orientation meetings will be posted on their website

http://www.health.utah.gov/licensing. Go to the website and click on Provider Trainings. This will give the information for both the initial orientation schedules and the on-going rules trainings. You can also find a link to their website at:

http://www.careaboutchildcare.usu.edu click on Resources, then Community.

*Remember that pre-registration is required for the trainings.

If you have any questions call:

Kathleen Saunders: 801-698-3244

Child and Family Support Center

380 West 1400 North
Logan, Utah
NOW – In Hyrum too!
10 North 600 East
Hyrum, Utah
(435) 752-8880

Parenting Class: Ongoing Course cost
$25.00 per individual or $30.00 per couple
– Call to register
http://childandfamilysupportcenter.org/

Box Elder Family Support Center

276 North 200 East
Brigham City, Utah 84302
(435) 723-6010 or 800-733-6010

Family Information and Resource Center

50 South 400 East Logan, Utah 84321
(435) 755-5171 Email
director@loganfamilycenter.org

Tom Copeland Webinars

These webinars will help you master the business side of family child care.

Take part in a fast-paced webinar hosted by Tom Copeland. Webinars will include information on Retirement Goals, Basic Record Keeping and important tax updates.

For more information go to:
tomcopelandblog.typepad.com
## October Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Cost</th>
<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1-3: Learning in the Early Years</td>
<td>October 6,13,20,27, 2016</td>
<td>USU CAC Office</td>
<td>$16</td>
<td>CL, CDA</td>
<td>In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.</td>
</tr>
<tr>
<td>Level 1-3: CAC: What's It All About?</td>
<td>October 17, 2016 6:30-9pm 1 Monday</td>
<td>USU CAC Office</td>
<td>$5</td>
<td>CL, CDA</td>
<td>This course is an introduction to the Care About Childcare program. Participants will learn how to create a Marketing Page and the process of Care About Childcare. If you are new to the CAC or if you are familiar with the program, this class would be great for everyone.</td>
</tr>
</tbody>
</table>

## November Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
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<th>Location</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Level 2-3: More than Babysitting</td>
<td>November 1,8,15,29,2016</td>
<td>USU CAC Office</td>
<td>$16</td>
<td>CL, CDA</td>
<td>In this course participants learn how to make informed decisions based on standards for best practices, utilize opportunities for individual professional growth, and contribute to the early childhood field.</td>
</tr>
<tr>
<td>Level 5-8: Infant/Toddler Course 2</td>
<td>November 1,8,15,29,2016 6:30-9pm 4 Tuesdays</td>
<td>Up to Three Building 10 South 400 East Brigham City</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this course participants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, and the caregiver's role in fostering emotional development.</td>
</tr>
<tr>
<td>Level 5-8: Family Child Care Course 2</td>
<td>November 2,9,16,30, 2016 6:30-9pm 4 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this family child care course participants learn practical aspects of setting up a quality home child care program. Instruction will focus on: arrangement of indoor and outdoor space; health, safety, and supervision; schedules, routines, and how to support child-directed activities.</td>
</tr>
<tr>
<td>Level 5-8: Guidance &amp; Emotional Wellness Course 2:</td>
<td>November 3,10,17 &amp; December 1, 2016 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this course participants will learn about the importance of developmental theory to guidance and emotional wellness. They will learn about additional concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will learn why building healthy relationships and creating supportive environments are the cornerstones of helping children succeed socially and emotionally.</td>
</tr>
<tr>
<td>Level 5-8: Director’s Toolbox: The Right Fit &amp; From the Inside Out Course 2</td>
<td>November 5,12,2016 8:00am-1pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this class, participants will learn key art skills to use in teaching children how to enjoy art in the classroom. Emphasis will be on open-ended art projects, a variety of art tools, recipes for variety of paints and many activities to do with art.</td>
</tr>
</tbody>
</table>

## December Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
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<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 5-8: School Age Course 2</td>
<td>December 3,10,2016 8:00am-1pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>CL, CDA, CEU</td>
<td>In this course participants will learn the effect of positive relationships on behavior of school age children. They will learn how to set up environments to optimize positive interactions and how to create behavior support strategies using observation.</td>
</tr>
</tbody>
</table>
### January Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Date &amp; Time</th>
<th>Location</th>
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<th>Credit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disaster Preparedness for Childcare Setting</td>
<td>January 4, 11, 2017, 6:30-9pm 2 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn how to prepare for emergency situations, what to do in case of a disaster, and what to do once the danger has passed.</td>
</tr>
<tr>
<td>Help Me Grow: ASQ 3</td>
<td>January 5, 12, 19, 26, 2017 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>Free</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn how to use the developmental screening tool known as the Ages and Stages Questionnaire. They will learn how work with parents to help develop an understanding of child development, check to see if development is on track, identify children who might be at risk for developmental delay, and support children’s development with learning activities.</td>
</tr>
<tr>
<td>Guidance &amp; Emotional Wellness Course 3</td>
<td>January 10, 17, 24, 31, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations of Early Learning). Providers will explore development of positive teaching strategies for working with infants, toddlers, preschool children, and school-age children. They will also learn how doing observation and documentation supports healthy social/emotional development.</td>
</tr>
<tr>
<td>Learning in the Early Years</td>
<td>January 10, 17, 24, 31, 2017 6:30-9pm 4 Tuesdays</td>
<td>Up to Three Building 10 South 400 East Brigham City</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.</td>
</tr>
<tr>
<td>Theory &amp; Best Practice Course 3</td>
<td>January 21, 28, 2017 8:00am-1:00pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants will gain an understanding of Piaget’s stages of cognitive development and why his core focus was about how people acquire, process and store knowledge. Participants will also learn about how the brain develops and how they can support healthy brain development in everyday child care practices.</td>
</tr>
<tr>
<td>CAC: What’s It All About?</td>
<td>January 23, 2017 6:30-9pm 1 Monday</td>
<td>USU CAC Office Logan</td>
<td>$5</td>
<td>Licensing CL CDA</td>
<td>This course is an introduction to the Care About Childcare program. Participants will become familiar with the goals and process of Care About Childcare and gain confidence in their business as they learn about the Marketing page, Indicators and Criteria to work on throughout the process. If you are new to the CAC or if you are familiar with the program, this class would be great for everyone.</td>
</tr>
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### February Training Classes

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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>School Readiness Course 3</td>
<td>February 1, 8, 15, 22, 2017 6:30-9pm 4 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course, based on Utah’s Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler's social and emotional development for school readiness. Areas of focus include: self-esteem, temperament, self-regulation, emotions, guidance, problem-solving, and social studies.</td>
</tr>
<tr>
<td>Infant/Toddler Course 3</td>
<td>February 2, 9, 16, 23, 2017 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course participants explore how infants and toddlers learn. Areas of focus include: cognitive discoveries of infancy, the role of the caregiver in supporting learning, stages of infancy, and language development.</td>
</tr>
<tr>
<td>A Great Place for Kids</td>
<td>February 4, 11, 2017 8:00am-1:00pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants learn how to set up center and home-based child care programs to encourage play, exploration, and learning. Information is included on spaces and materials for block play, dramatic play, puzzles, games, books and literacy activities, art, sensory play, and outdoor play.</td>
</tr>
<tr>
<td>Back to the Basic: Methods in Playdough</td>
<td>February 13, 2017 6:30-9pm 1 Monday</td>
<td>USU CAC Office Logan</td>
<td>$5</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn methods of using playdough and skills that children will learn by implementing playdough into a best practice classroom. Come and explore the fun with us!</td>
</tr>
<tr>
<td>Medication Administration</td>
<td>February 21, 28, 2017 6:30-9pm 2 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants will learn: how to identify different types of medication, why medication is given, and how it is given; improve medication storage, preparations and administration techniques; good documentation of medication administration; how to recognize and respond to adverse reactions to medication; how to develop appropriate policies about medication administration and implement them.</td>
</tr>
</tbody>
</table>
### What Do You Do With the Mad that You Feel?

**Course Name:** What Do You Do With the Mad that You Feel?  
**Date & Time:** February 21, 28, 2017 6:30-9pm, 2 Tuesdays  
**Location:** Up to Three Building 10 South 400 East Brigham City  
**Cost:** $16  
**Credit:** Licensing CL CDA  
**Description:** In this course participants will learn that controlling anger is a skill that children learn from their caregivers. They will develop an understanding of how to develop their own self-control, and examine ways to help children develop self-control. Lastly, they will learn strategies for intervention when children are overwhelmed with anger and frustration.

### March Training Classes

<table>
<thead>
<tr>
<th>Course Name</th>
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</tr>
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<tbody>
<tr>
<td>School Age Course 3</td>
<td>March 1, 8, 15, 22, 28, 2017 6:30-9pm 4 Wednesdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this course, participants will learn about communication and the role that it plays with children, families, school/program administration and the community at large. They will also learn about the administration of programs and professional development.</td>
</tr>
<tr>
<td>Director’s Toolbox Course 3</td>
<td>March 4, 11, 2017 8:00am-1:00pm 2 Saturdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course, participants will learn about the power of reflection and self-awareness as it applies to setting direction for your center. This course will also help participants build teacher competence, strengthen staff commitment, and expand opportunities for collaboration.</td>
</tr>
<tr>
<td>Help Me Grow:SE</td>
<td>March 7, 14, 21, 28, 2017 6:30-9pm 4 Tuesdays</td>
<td>USU CAC Office Logan</td>
<td>Free</td>
<td>Licensing CL CDA</td>
<td>PREREQUISITE: Participants must have completed the &quot;Help Me Grow--Ages and Stages Questionnaire&quot; class before they can take this class. In this course participants will learn that the overall well-being of children is directly related to their ability to successfully regulate their emotions and manage their social interactions in ways that are acceptable to themselves and others. They will become familiar with the Social/Emotional component of the Ages and Stages Questionnaire, and learn how they can partner with their local health department to help parents who have concerns about their children’s social and emotional development.</td>
</tr>
<tr>
<td>Ages &amp; Stages</td>
<td>March 7, 14, 21, 28, 2017 6:30-9pm 4 Tuesdays</td>
<td>Up to Three Building 10 South 400 East Brigham City</td>
<td>$16</td>
<td>Licensing CL CDA</td>
<td>In this course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children.</td>
</tr>
<tr>
<td>Family Child Care Course 3</td>
<td>March 9, 16, 23, 30, 2017 6:30-9pm 4 Thursdays</td>
<td>USU CAC Office Logan</td>
<td>$16</td>
<td>Licensing CL CDA CEU</td>
<td>In this family child care course participants learn methods of supporting the developmental needs of children in the areas of: social and self-awareness; physical, cognitive, and language development; and creativity. Emphasis will be placed on working with children in mixed-age groups.</td>
</tr>
<tr>
<td>Back to the Basic: Discovering Science</td>
<td>March 13, 2017 6:30-9pm 1 Monday</td>
<td>USU CAC Office Logan</td>
<td>$5</td>
<td>Licensing CL CDA</td>
<td>In this course participants learn about how different science experiments can help promote skills in other areas of domain.</td>
</tr>
</tbody>
</table>

Caregivers can register for classes online by going to:
1- careaboutchildcare.utah.gov  
2- click on the Provider tab  
3- then click on the Training Calendar link.

Please contact the CAC office for all questions regarding training hours needed for Licensing, Career Ladder or CDA. We would be happy to help create a training plan that would best meet your needs.
Acronyms for Professional Development System

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
<th>Meets the requirements for licensing regulations</th>
</tr>
</thead>
<tbody>
<tr>
<td>LC</td>
<td>Licensing Credit</td>
<td></td>
</tr>
<tr>
<td>CL</td>
<td>Career Ladder Credit</td>
<td></td>
</tr>
<tr>
<td>CDA</td>
<td>Child Development Associate Credential Credit</td>
<td></td>
</tr>
<tr>
<td>CEU</td>
<td>Continuing Education Units</td>
<td></td>
</tr>
<tr>
<td>College</td>
<td>College Credit</td>
<td></td>
</tr>
</tbody>
</table>

First Aid, CPR and Food Handler’s Training Sources

<table>
<thead>
<tr>
<th>Training Source</th>
<th>Classes Offered</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridgerland Applied Technology Center</td>
<td>CPR/First Aid</td>
<td>753-6780</td>
</tr>
<tr>
<td>Logan Regional Hospital</td>
<td>CPR/First Aid</td>
<td>716-5365</td>
</tr>
<tr>
<td>Corey Wiley of Smithfield Fire Dept.</td>
<td>CPR/First Aid</td>
<td>435 881-3925</td>
</tr>
<tr>
<td>Mandy Wurfsten</td>
<td>CPR/First Aid</td>
<td>245-0702</td>
</tr>
<tr>
<td>Kirk Petersen</td>
<td>CPR/First Aid</td>
<td>563-2357</td>
</tr>
<tr>
<td>Brigham City Community Hospital</td>
<td>CPR/First Aid</td>
<td>734-4130</td>
</tr>
<tr>
<td>Cache Bear River Health Dept.</td>
<td>Food Handler’s</td>
<td>792-6500</td>
</tr>
</tbody>
</table>

Important Reminder

Registration fee is $16.00 per class.

Registration and pre-payment is required at least 5 business days in advance of all classes.

Remember: if you have to cancel your registration, as long as you do it at least 3 business days before the first session of class, we can issue you a Training Voucher that you can use for another training class.

If you do register for a class that is full, you have two options:

1. If you choose not to register for the class, your payment will be returned to you.
2. If you choose to register for the class, your payment will be accepted and processed and you will be placed on the waiting list. If a spot in the class becomes available, we will contact you. If you are not able to get into the class, then we will issue you a Training Voucher that can be redeemed for a future training. Please note that we have to receive your paper registration form and payment before you can be placed on the waiting list.

Please contact our office with any questions or concerns. 797-1552 or (800) 670-1552.

Please allow for weather conditions, traffic, construction and parking issues when attending training classes.

Please take note of the Training Code of Conduct that is in this newsletter.

Please be on time for classes!

*If you aren’t able to arrive on time, then you would need to make up that session of class if you want to use the class for Career Ladder credit.

*If you arrive late, you can stay to the class and still receive licensing credit hours.

This rule will be strictly enforced!
Monday, Tuesday and Thursday - 9am to 5pm
and 9am to 3pm on Fridays.
Wednesday 9am to 8:00pm except in July or December

Please call and make an appointment before coming during the day so we can make sure someone is available to help you.
797-1552 or 1-800-670-1552

Ann Austin
Executive Director

Carrie Stott
Director/Training Supervisor

Leah Schilling
Director/Referral Supervisor

Kim Dutson
Recruitment & Retention Coordinator

Stephanie Jensen
Training Coordinator

Janeal Pollock
Referral/Data Specialist & Library Coordinator

We can all be reached at:
435-797-1552 or 1-800-670-1552